

# FIGURE SKATING - USFS

- DATE FRIDAY-SUNDAY, JANUARY 22, 23 & 24, 2010
- LOCATION Lansing Chapman Skating Rink, Williams College (Latham St, Williamstown, MA)  
Rink is 200ft by 85ft with seating for 2,000.
- SANCTION This competition has been granted a sanction by U.S. Figure Skating.  
**Sanction # 32613**
- AGE Athletes must be a minimum of age 8 (EIGHT) by January 22, 2010 to be eligible.
- ELIGIBILITY An athlete must meet at least one of the following guidelines:
1. A full time resident of Massachusetts by January 22, 2010.
  2. A full time student at an academic institution in Massachusetts
  3. A registered member of a Figure Skating club in Massachusetts.  
The club must be the athlete's exclusive "contact" within the sport.

- EVENTS **Bay State Games will offer the TEST TRACK (restricted) free skate program and the WELL BALANCED free skate program (unrestricted).**  
Event options, by division, are as follows:
- **Pre-Preliminary, Preliminary, Pre-Juvenile, Juvenile** – Can compete in Free Skate Only. Athletes at these levels can choose to compete in either Test Track or Well Balanced programs NOT BOTH.
  - **Intermediate** can compete in Free Skate AND/OR Short program. For Free Skate Intermediate level athletes can choose to compete in either Test Track or Well Balanced programs NOT BOTH.
  - **Novice, Junior and Senior** can compete in Free Skate AND/OR Short Program. For Free Skate athletes in Novice, Junior or Senior must compete their well balanced programs. Test Track will not be offered at these levels.
  - **Adult Gold, Adult Silver, Adult Bronze**- Can compete in Free Skate Only.
  - **Master Senior, Master Junior, Master Novice, Master Intermediate**- Can compete in Free Skate Only.

\*\*Athletes may also enter one ISI event but are limited to a total of two events (US & IS)

- EVENT LIMITS
- Athletes may skate in only one level.
  - Where offered, athletes may choose Test Track (restricted) or Well Balanced (unrestricted) NOT BOTH
  - For Free Skating only- athletes may move up one level.
  - Athletes may NOT move up one level for short program.
  - Male & Female athletes will not be combined in any event or division.

## TEST TRACK FREE SKATE PROGRAM (RESTRICTED) ELEMENT REQUIREMENTS

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Pre-Preliminary Test	Two solo spins, held in one position, only of a different nature, no change of foot (min 3 revolutions and no flying spins), jumps with not more than one rotation (no Axels), jump combinations or sequences using only a waltz jump, toe loop, and Salchow. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test	Time :1:40max
Preliminary Test	Two spins of a different nature, combination spins allowed (min 3 revolutions each and no flying spins), jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-pre free skate test but may not have passed tests higher than preliminary free skate test	Time :1:30 +/- 10

Pre-Juvenile Test	Three spins in any position (min 3 revolutions), one must be a combination spin with change of foot optional (min 3 revolutions on each foot or 6 total revolutions and no flying spins). Jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jumping elements. One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test	Time: 2:00 +/- 10
Juvenile Test	Three spins in any position (min 4 revolutions), one must be a combination spin with one change of foot (min 4 revolutions on each foot). May include flying spins. Any single jumps and jump combinations with not more than 1½ rotations. (Axel permitted). Maximum 6 jump elements. One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test	Time: 2:15 +/- 10
Intermediate Test	Three spins in any position (min 4 revolutions), one must be a combination spin with at least one change of foot (min 4 revolutions on each foot). May include flying spins. Any single jumps. Double jumps may only be the double Salchow and the double toe loop. Jump combinations and sequences allowed. Maximum 6 jump elements. One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test	Time: 2:30 +/- 10

### WELL BALANCED (UNRESTRICTED) FREE SKATE PROGRAM EVENT REQUIREMENTS

Listed below is a summary of Unrestricted event requirements. Refer to the appropriate U.S Figure Skating rule number posted for complete details.

#### PRE-PRELIMINARY (US Rule 3711)

**Jumps**-Maximum of 5 jump elements. Axels are allowed. No Double Jumps  
**Spins**-Maximum of two spins of a different nature  
**Steps**-One step sequence utilizing one half the ice surface

#### PRELIMINARY (US Rule 3701)

**Jumps**-Maximum of 5 jump elements. One of which must be an Axel/waltz jump-type jump. No more than two double jumps. No double axels, Double Flip, Double Lutz or triples allowed.  
**Spins**-Maximum of two spins of a different nature  
**Steps**-One step sequence utilizing one half the ice surface

#### PRE JUVENILE (US Rule 3691)

**Jumps**-Maximum of 5 jump elements. One of which must be an Axel type jump.  
No double axels or triples allowed. Up to three of the permitted jump elements may be jump combinations or jump sequences. One jump combination may contain three jumps; the remaining jump combinations are limited to two jumps. Number of jumps in jump sequence is free.  
**Spins**-Maximum of three spins of a different nature  
**Steps**-One step sequence fully utilizing the ice surface

#### JUVENILE (US Rule 3681)

**Jumps**-Maximum of six jump elements. One of which must be an Axel type jump. No triples are allowed.  
**Spins**-Maximum of three spins of a different nature, one of which must be a flying spin and one a combination spin with at least one change of position.  
**Steps**- Maximum of one step sequence fully utilizing the ice surface.

#### INTERMEDIATE (US Rule 3672)

**Jumps**-Maximum of six jump elements. One of which must be an Axel type jump.  
Triples are allowed.  
**Spins**-Maximum of three spins of a different nature, one of which must be a flying spin and one a combination spin with at least one change of foot and at least one change of position.  
**Steps**-Maximum of one step sequence fully utilizing the ice surface.

## WELL BALANCED FREE SKATE PROGRAM (UNRESTRICTED) EVENT TIME LIMITS

Event	Duration	Event	Duration	Event	Duration
Senior	4:00 - Ladies	Intermediate	2:30	Senior Short	2:50 Max
	4:30 - Men	Juvenile	2:15	Junior Short	2:50 Max
Junior	3:30 - Ladies	Pre-Juvenile	2:00	Novice Short	2:30 Max
	4:00 - Men	Preliminary	1:30	Intermediate Short	2:00 Max
Novice	3:00 - Ladies	Pre-Preliminary	1:30	Masters Senior	3:40
	3:30 - Men	Adult Gold F/S	2:40 Max	Masters Junior	3:40
		Adult Silver F/S	2:10 Max	Masters Novice	3:10
		Adult Bronze F/S	1:50 Max	Masters Intermediate	3:10

### ADULT EVENT RULES & REQUIREMENTS

- Adult events are in accordance with 2010 U.S. Figure Skating Rules **3780-3801**

### MASTERS EVENT RULES & REQUIREMENTS

- Masters events are in accordance with 2010 U.S. Figure Skating Rules **3740-3776**

### UNRESTRICTED FREESTYLE & SHORT PROGRAM RULES & REQUIREMENTS

- Unrestricted Freestyle and short program rules are in accordance with 2010 USFS Rules **3600-3721**.

### FLIGHTS AND FORMAT

Within in each division, flights will be determined by date of birth of all registered athletes. Every effort will be made to not have more than 12 skaters in a flight. Medals will be distributed by flight. There will be no final round combining winners from all flights in the same division.

### JUDGING SYSTEM

The Bay State Games will use the 6.0 judging system for all divisions (Both Restricted and unrestricted).

### FEES

**\$80** for the **1st event**      **\$40** for the **2nd event** (U.S. Figure Skating or ISI)

### ENTRY DEADLINE

Entries must be postmarked by U.S. Post Office, or registered on line by December 11, 2009. Late entries will not be accepted. All entries received by the deadline will be accepted. Athletes can register on line with a credit card at [www.baystategames.org](http://www.baystategames.org). Applications can also be mailed to BAY STATE GAMES 55 Sixth Road Woburn, MA 01801

### AWARDS

Gold, Silver and Bronze medals will be awarded to the top three athletes in each division and event/flight. Any athlete that wins a gold medal will receive a Bay State Games award jacket. Athletes that win more than one gold medal will only receive one jacket. All registered athletes will receive a 2010 Bay State Games t-shirt. Any athlete that wins a gold, silver or bronze medal will also receive an invitation to the 2011 State Games of America Figure Skating competition in San Diego, California on Aug 4-7.

### REFUNDS

Refunds of entry fees will be considered for medically verified injuries only. Refund requests must be accompanied by a doctor's note outlining the injury and why the athlete is unable to compete. **THERE WILL BE NO CASH REFUNDS OF ENTRY FEES.** Athletes approved for a refund will receive a defer certificate that can be used as a credit for future Bay State Games Figure Skating participation. By signing the participant waiver on the entry form, participants acknowledge that they agree to this policy.

### RETURNED CHECKS

If an entry fee check is returned from the Bank, the athlete must pay the full entry fee plus a \$25 bank fee before the registration will be confirmed.

### CONFIRMATION

All athletes will be mailed a confirmation packet no earlier than December 30, 2009 with schedules, directions and other details. Athletes who register online must use the Club Officer Permission Form that is included with this application, have it signed by your club representative and fax or mail to Bay State Games by December 11, 2009. Athletes who mail in their application form must get their club officer's signature on the entry form prior to submitting it to the Games.

## TENTATIVE COMPETITION SCHEDULE

- Specific times cannot be listed until after the entry deadline.
- Changes in times or days of events may be required once the exact number of entrants is determined.
- Due to the large number of athletes entering Pre Preliminary, Preliminary and Juvenile, these divisions could be competing on multiple days as listed below.
- Please note that due to a conflict with a Williams College Women's Hockey game on Friday, January 22, all skating on Friday must end by 4:30pm.

### **Friday, January 22**

8am-4:30pm

Juvenile Girls (Restricted & Unrestricted)  
All Short Programs

### **Saturday, January 23**

8:00 a.m.-3:00 p.m.

Pre-Juvenile Girls & Boys (Restricted & Unrestricted)  
Juvenile Boys (Restricted & Unrestricted)  
Intermediate Men & Ladies (Restricted & Unrestricted)  
Novice Men & Ladies  
Junior Men & Ladies  
Senior Men & Ladies  
Pre-Preliminary (Restricted & Unrestricted)

### **Sunday, January 24**

8:00 a.m.-2:00 p.m.

Pre-Preliminary (Restricted & Unrestricted)  
Preliminary Girls (Restricted & Unrestricted)  
Adult Gold, Silver & Bronze

***\*M.A.S.F. will not have confirmed times or dates until after the entry deadline when we know how many athletes have entered each event.***

## LODGING

Numerous hotels in the Berkshire Region of Massachusetts will offer special room rates for Bay State Games participants. A listing of available hotel accommodations in the Berkshires will be posted on the 2010 Bay State Winter Games web site by October 26, 2009

## SKATE SHOW

The Bay State Games Figure Skating Show will be held Saturday, January 23 at 7:30pm at the Williams College Skating Rink. Gold medal winning athletes from selected divisions during the Bay State Games Figure Skating competition will be invited to skate in the show. The specific divisions that will be invited to the show will be posted in the athlete finalist packet. All athletes WILL RECEIVE ONE COMPLIMENTARY TICKET to attend the show. Additional tickets are available for \$10 each. THERE IS NO ADMISSION CHARGE FOR SPECTATORS FOR THE COMPETITION ON July 22-24. There is only an admission charge for the show on July 23.

## COMPETITION CHECK IN & MUSIC

On the day of the competition, athletes must arrive at least one hour prior to the scheduled start time. Upon arrival, athletes will check in at registration and turn in their competition music. Cassette tapes or CD's are permitted. The tape or CD must be properly marked with your name, event and flight number. Only one track per CD. No CD/RW's You must have a duplicate tape or CD and a practice tape or CD. Athletes are responsible for picking up their music after their competition. Bay State Games is not responsible for lost or stolen music.

## SINGLE SKATER FLIGHT POLICY FOR USFS EVENTS

USFS skaters will be allowed to have a judged exhibition in flights with less than two skaters.

- a) If there are less than two skaters in any event by December 16, then the skater will be contacted with the option of a full refund or a judged exhibition.
- b) After December 16, if a scratch occurs which reduces a division to less than 2 skaters, then the skater will be contacted with the option of a full refund or a judged exhibition.
- c) If an athlete does not notify the Games of a scratch and does not show up for the competition which reduces the flight to a single skater, then the remaining athlete will be offered a judged exhibition. Under this scenario, there will be no refund of any travel expenses or entry fee.

*To properly manage the event, M.A.S.F. reserves the right to combine or cancel events for due cause.*

# FIGURE SKATING - USFS

## 2010 BAY STATE GAMES SKATER PERMISSION FORM

BAY STATE WINTER GAMES SANCTION # \_\_\_\_\_

NAME OF CLUB \_\_\_\_\_

The skater(s) listed below is/are (a) member(s) in good standing of the above stated skating club and has/ have permission to skate in the exhibition, show or competition that the Massachusetts Amateur Sports Foundation is sponsoring, i.e. 2010 Bay State Winter Games and/or 2010 Bay State Skate.

SIGNED \_\_\_\_\_

Club Director or Coach

SKATER(S) NAME(S):

Please complete this form and mail or fax to the following address  
BEFORE DECEMBER 11, 2009

BAY STATE GAMES  
(Skater Permission Form)  
55 Sixth Road  
Woburn, MA 01801  
FAX: 781-932-3441